

2010 Regional Ground Trainer Pattern

October, 2010

Heading090°
Airspeed90 kts.
Altitude 2250 ft.
Leg Time 15 sec.

FINISH

Right Turn90°
Airspeed 95 kts.
Climb to 2250 ft.
Leg Time 30 sec.

Left Turn 360°
Airspeed 100 kts.
Descend to2000 ft.
Leg Time 120 sec.

Heading 360°
Airspeed 100 kts.
Altitude2000 ft.
Leg Time 15 sec.

Left Turn 90°
Airspeed 95 kts.
Altitude3000 ft.
Leg Time 30 sec.

Right Turn450°
Airspeed 95 kts.
Climb to 3000 ft.
Leg Time150 sec.

Left Turn 45°
Airspeed 90 kts.
Altitude 1750 ft.
Leg Time 15 sec.

Right Turn 45°
Airspeed 95 kts.
Climb to 1750 ft.
Leg Time 15 sec.

Heading360°
Airspeed90 kts.
Climb to 1625 ft.
Leg Time15 sec.

START
Heading360°
Airspeed .. 90 kts.
Altitude.... 1500 ft.

**All Turns Standard Rate
All Climbs and Descents 500 fpm**

